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# 8-ISO- PROSTAGLANDINS FOR GLAUCOMA **THERAPY**

This application is a continuation of U.S. Ser. No. 08/853,803 now abandoned.

### INTRODUCTION

The present invention relates to the use of 8-iso prostaglandins and their derivatives for decreasing intraocular pressure, for example in the treatment of glaucoma. It is based, at least in part, on the discovery that 8-iso prostaglandin E2 effectively decreased intraocular pressure by a trabecular meshwork outflow mechanism.

### BACKGROUND OF THE INVENTION

Glaucoma is a major eye disease which can cause progressive loss of vision leading to blindness. The majority of human glaucomas are associated with increased intraocular pressure ("IOP") resulting from an imbalance in the rate of 20 secretion of aqueous humor by the ciliary epithelium into the anterior and posterior chambers of the eye and the rate of aqueous humor outflow from these chambers, primarily via the canal of Schlemm. High IOP is considered the major risk factor for glaucomatous visual impairment resulting from 25 the death of retinal ganglion cells, loss of the nerve fiber layer in the retina, and destruction of the axons of the optic nerve. Current treatments are directed toward reducing intraocular pressure.

Glaucoma is typically classified, on the basis of its 30 etiology, as primary or secondary. Primary glaucoma in adults, a disorder in which the underlying cause is poorly understood, is associated with increased IOP due to an obstruction of aqueous humor outflow. The obstruction may be caused by a blockage located at the angle formed between 35 the iris and the lateral cornea, categorized as either open angle or acute or chronic angle closure. The anterior chamber of the eye appears normal in chronic open angle glaucoma, despite impaired drainage of aqueous humor. In contrast, the anterior chamber is shallow and the filtration 40 angle is narrowed in chronic angle-closure glaucoma, wherein the trabecular meshwork and the canal of Schlemm may be obstructed by the iris. An acute attack of glaucoma may arise in this context when the pupil dilates, pushing the root of the iris forward to block the angle.

Secondary glaucoma is caused by another disorder which functionally interferes with the outflow of aqueous humor or the flow from the posterior to the anterior chamber. Such interference may be caused by inflammation, a tumor, an enlarged cataract, central retinal vein occlusion, trauma, or hemorrhage.

Several classes of drugs acting by different mechanisms are used as topically administered ocular therapy to lower IOP. These include beta adrenergic blockers (e.g., timolol), topical carbonic anhydrase inhibitors (e.g., dorzolamide), 55 and alpha2-adrenergic receptor agonists (e.g., clonidine derivatives), all of which act primarily by decreasing the formation of aqueous humor within the eye. Pilocarpine and epinephrine are clinical agents that also lower IOP in glaucomatous eyes, but these drugs act principally by decreasing the resistance in the trabecular meshwork outflow channels. 60 A third mechanism for lowering IOP in the primate eye is by increasing the outflow of aqueous humor via the uveoscleral route. Recently, a prostaglandin derivative belonging to the F2α series of prostanoids, which acts primarily by this uveoscleral mechanism, has been introduced for glaucoma 65 therapy. This drug, called latanoprost, is the isopropyl ester of a compound having the following structure:

Prostaglandins which may be used in the treatment of glaucoma are described in U.S. Pat. Nos. 5,476,872 by Garst et al., 4,599,353 by Bito, 5,262,437 by Chan, 5,462,968 by Woodward, 4,132,847 by Kuhla, 5,173,507 by DeSantis et 15 al., 5,578,618 by Stjernschantz et al., 5,208,256 by Ueno, 5,565,492 by DeSantis et al., 5,151,444 by Ueno et al., and PCT Application No. PCT/US93/10853, International Publication No. WO 94/11002 by Woodward.

The present invention relates to prostaglandins which are structurally different from latanoprost and other prostaglandins used in the treatment of glaucoma, and that belong to the 8-iso series of prostanoids, for example 8-iso PGE2, 8-iso PGE2 and 8-iso-PGF2a. In contrast to latanoprost, 8-isoPGE<sub>2</sub> lowers IOP primarily by decreasing the resistance to trabecular outflow of aqueous humor from the eye.

### SUMMARY OF THE INVENTION

The present invention relates to the use of 8-iso prostanoids in methods which decrease intraocular pressure ("IOP") in the eye, for example in the treatment of glaucoma. The 8-iso-prostanoids of the invention have a common structure according to formula I:

Formula I

where either bond W or bond X can be a single or a double bond, Y is either (i)a hydroxyl group having either a or B orientation relative to the five-membered ring or (ii) a keto function at carbon 9, and Z is a hydrocarbon group which may be aliphatic (cyclic or non-cyclic), aromatic, or a combination of aliphatic and aromatic at carbon 16.

In a first nonlimiting embodiment of the invention, the 8-iso prostanoid is 8-iso prostaglandin E2 (prosta-5,13-dien-1-oic acid, 11,15-dihydroxy-9-oxo, (5Z, 8β, 11α, 13E,15S), having Formula II:

In a second nonlimiting embodiment of the invention, the 8-iso prostanoid is 8-iso, 5,6 dihydro prostaglandin E2 (referred to as 8-iso PGE<sub>1</sub>), having Formula II:

In a third nonlimiting embodiment of the invention, the 8-iso prostanoid is 8-iso PGF<sub>2cc</sub> (prosta-5,13-dien-1-oic acid, 9, 11, 15-trihydroxy-, (5Z, 8β, 9α, 11α, 13E, 15S)-, having Formula IV:

The present invention also provides for derivatives of compounds of Formulas II, III or IV which retain basic Formula I and their use in methods of decreasing intraocular pressure.

#### DETAILED DESCRIPTION OF THE INVENTION

The present invention relates to the use of 8-iso prostanoids having basic Formula I to decrease intraocular pressure in a subject in need of such treatment. In specific 35 nonlimiting embodiments of the invention, the 8-iso prostanoid may be selected from the group of (i) 8-iso prostaglandin E<sub>2</sub> (prosta-5,13-dien-1-oic acid, 11,15-hydroxy-9oxo, (5Z, 8β, 9α, 11α, 13E, 15S) ("8-iso PGE2"), having Formula II; (ii) the 5,6 dihydro derivative of 8-iso PGE2, 40 having Formula III and referred to as 8-iso PGE1; (iii) prosta-5,13-dien-1-oic acid, 9, 11, 15-trihydroxy-, (5Z, 8β, 9 $\alpha$ , 11 $\alpha$ , 13E, 15S) ("8-iso PGF<sub>2</sub>  $\alpha$ "), having Formula IV; and (iv) derivatives of compounds having Formulas II, III or IV which retain basic Formula I and which, when admin- 45 istered to the eye of a subject having increased intraocular pressures, will decrease intraocular pressure by at least 10 percent.

The main structural differences between the 8-iso prostanoids of the invention and latanoprost are the following: (i) 50 the side chain substituents on the five-membered rings have the opposite geometric arrangement with respect to the plane of the ring (cis for the 8-iso prostanoids of the invention and trans for latanoprost); (ii) the five-membered ring has a keto the invention, whereas there is just a hydroxyl group in the same position in latanoprost; and (iii) the side chains beginning with the sixteenth carbon may have different structures, as, for example, latanoprost containing a terminal methyl the invention contain a five-membered ring and two side chains, and retain distinguishing features (i)-(iii) as set forth in the preceding sentence and in Formula I. In preferred embodiments, such derivatives are esters of compounds having Formula II, III or IV. For example, esterified deriva- 65 tives of 8-iso PGE<sub>2</sub> may be used according to the invention, and may provide improved penetration into the eye.

The mechanism of action by which 8-iso PGE, lowers IOP has been found to be different from that of latanoprost in experiments done in primates, in that 8-iso PGE2 has been found to increase trabecular outflow facility by decreasing resistance to outflow of aqueous humor. This is an advantage in that the trabecular meshwork is the primary locus of the pathology causing increased IOP in primary open angle glaucoma.

Accordingly, the present invention provides for a method 10 for decreasing IOP comprising administering a therapeutically effective amount of an 8-iso prostanoid of the invention to a subject in need of such treatment. Such a method may be used in the treatment of glaucoma in a subject. Suitable formulations include for example, and not by way of limitation, a topical solution which is a physiological saline solution, having a pH between about 4.5 and 8 and an appropriate buffer system (e.g., acetate buffers, citrate buffers, phosphate buffers, borate buffers) a neutral pH being preferred. The formulation may further comprise a pharmaceutically acceptable preservative (e.g. benzalkonium chloride, thimerosol, chlorobutanol), stabilizer and/or surfactant (e.g. Tween 80). The formulation may also comprise a compound which acts as an anti-oxidant (e.g. sodium metabisulfite, sodium thiosulfate, acetylcysteine, butvlated hydroxyanisole, butylated hydroxytoluene). A "therapeutically effective amount" of an 8-iso prostanoid of the invention refers to an amount of drug which decreases the IOP by at least about 10 percent, preferably at least about 15 percent, and more preferably at least about 20 percent. In particular embodiments of the invention, the administration of 8-iso prostanoid results in an increase in trabecular outflow facility of at least about 10 percent, preferably at least about 20 percent, and more preferably at least about 30 percent. In nonlimiting embodiments of invention, a topical preparation of 8-iso prostanoid at a concentration of between 0.001 and 1 percent, preferably between 0.005 and 0.2 percent, and more preferably between about 0.05 and 0.1 percent may be used.

According to the invention, IOP may be decreased, and/or glaucoma may be treated, using compositions comprising an 8-iso prostanoid of the invention as the sole active agent, or in conjunction with another active agent. For example, combinations of 8-iso prostanoid and another drug used to treat elevated intraocular pressure, including but not limited to another prostaglandin derivative (including, but not limited to, latanoprost), pilocarpine, epinephrine, a beta adrenergic agent (e.g., timolol), a carbonic anhydrase inhibitor (e.g., dorzolamide), or an alpha2-adrenergic receptor agonist (e.g., a clonidine derivative), may be used.

## **EXAMPLE I**

Experiments were performed to evaluate the effects of single dose administration of 8-iso PGE2 on IOP in normal ("N") and glaucomatous ("G") monkey eyes, and to deteror hydroxyl function at position 9 in the 8-iso prostanoids of 55 mine the mechanism by which 8-iso PGE2 alters IOP in N monkey eyes, when applied topically. A single 25  $\mu$ l dose study was performed in 6 N and 8 G monkeys. IOP and pupil sizes were measured before and at 0 hr, 0.5 hr and then hourly for a total of 6 hrs after 0.05% or 0.1% drug phenyl group at this position. 8-iso prostanoid derivatives of 60 concentrations were administered. Tonographic outflow facility ("C") and fluorophotometric aqueous humor flow (F) were determined in 6 N monkeys before and after unilateral application of 25 µl of 0.1% 8-iso PGE2. In 8 G monkey eyes, 8-isoPGE2 reduced IOP (p<0.005) up to 2 hrs or 5 hrs following administration of the 0.05% or 0.1% concentration, respectively. The maximum reduction in IOP was 4.6±0.8(mean±SEM)mm Hg (0.05%) and 6.6±0.8 mm